


I Can Care for My Body



Hygiene Award



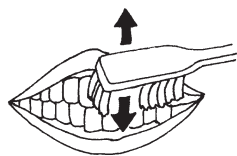
1. Find, read, and discuss Psalm 119:11, 51:10, and 19:14.

2. Learn about personal cleanliness.
Personal cleanliness is important because _____

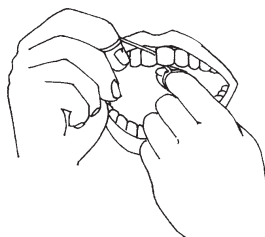
3. Discover three important times for washing your hands.

The worksheet is framed by a decorative border of various icons including a pencil, stars, a lightbulb, a cross, a book, a person, a saw, a magnifying glass, a laptop, a pot, a person washing hands, a wheel, a hand with water, a bird, a cross, a flower, a rabbit, an apple, a leaf, a clock, a television, a musical note, a person with a plus sign, an arrow, a house, a watering can, a pair of scissors, a fish, a person, and a person jumping.

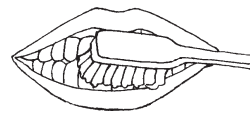
- 4. Practice proper brushing of teeth.



Up and down



Use floss



All teeth for two minutes

- 5. Discuss regular bathing and how to keep your hair clean.

I will bathe _____

I will _____

- 6. How many glasses of water should you drink daily?

- 7. Is it important to keep your clothing clean?