



Prayer Warrior

Class: Helping Hand | **Category:** Spiritual | **Track:** My God

- 1. Read what Paul said about the armour of God (Ephesians 6:11-18) and make a poster or craft showing the armour of God.
- 2. Name five Old Testament prayer warriors and read one of their stories from the Bible. How were their lives changed by talking with God?

- 3. Discuss how and where to pray.

- 4. Learn who we should pray for and write a prayer of your own.

- 5. Discuss why we pray for others and who we should pray for.

- 6. Take a prayer walk with the Adventurers or your family. Talk about the way you felt during the walk.