



Technology

Class: Helping Hand | **Category:** Recreation | **Track:** My Family

1. In what ways can we use today's technology?

2. What types of technology do you use at home and school?

3. Know how to make a phone call using a smart phone.

4. Identify the parts of a computer and describe what computers are used for.

5. Demonstrate proper hand position on the home row of the keyboard and be able to type a simple note.

6. Demonstrate how to use a tablet by downloading and using an educational app. Know how to use a stylus.

7. Know the guidelines for how much screen time is appropriate for your age group and what type of material is appropriate.