



Here are three fun ways to show Builders that they can help others. Adapt the activities to meet the needs of your Builders or create your own activities.





The following activities fulfill the requirement for My Self I: I Am Special. See the Builder Activity Book for accompanying worksheet(s).

ACTIVITY

1

Special Effects

15

MINUTES

WHAT YOU DO

Ahead of time: Take pictures of your Builders and print multiple copies. These photos should be close-ups of the children's faces.

Begin by sharing the following Bible verse with the Builders: "This is what I command you: Love each other as I have loved you" (John 15:12, ERV). Ask the children for examples of what this means. Stress that they all have special talents that they can use to help others, such as making someone smile, doing the dishes, reading a book aloud, or being a friend.

Give each Builder a sheet of white paper. Have the Builders draw or cut out and glue onto their posters pictures of people doing helpful things for others (e.g. taking out the trash, mowing, vacuuming). Then have each Builder cut out and glue a picture of his or her own face on the head of each person demonstrating a helping behavior on their poster.

MATERIALS NEEDED

- Old magazines
- Scissors
- Glue
- Markers or colored pencils
- White paper, 12 × 18 in (30.5 × 46 cm)
- Photos of Builders' faces, multiple copies of each child



Rope Relay

20
MINUTES

WHAT YOU DO

Ask the Builders for examples of things that are easier with the help of others. Discuss how helping others can make tasks go faster and can be a kind thing to do.

Place the scarves, hats, and belts on one side of the room. Line the Builders up on the opposite side of the room facing their three objects. Explain that while holding onto the rope with both hands, they have to put on all three of the objects and come back to the starting point. Encourage them to help each other.

When the signal is given, the Builders hold onto the rope and run as a group to their objects. They put on all of the objects while still holding the rope with both hands. Once each Builder has put on his or her three items, they run back to the starting line together. If a player drops an item while running back, the team must stop until the player has the item back on. You can repeat this activity a couple of times.

2 ACTIVITY

MATERIALS NEEDED

- One jump rope for every five children
- One scarf per child
- One hat per child
- One belt or sash per child





ACTIVITY

3

Colorful Bible Texts

10
MINUTES

MATERIALS NEEDED

- White construction paper, 8.5 × 11 in (21.5 × 28 cm)
- Colored pencils or markers

WHAT YOU DO

Read the following Bible verse: “For we are his workmanship, created in Christ Jesus for good works” (Ephesians 2:10, ESV). Discuss what it means and have the children give examples of good works.

Show the Builders a sample of a completed colorful Bible text. Explain that they will look up a text about doing good works and copy it onto the construction paper. Tell them that they can use more than one color per text if they want. For example, they might use a different color for each word or alternate colors every other word. Once they have written the verse, they will outline each word with another color. They can do this multiple times. They should fill up the paper with as many verses as they can fit. Give the Builders a list of Bible verses about doing good works and helping others. Also, encourage them to use verses that they may know that aren’t on your list.

Suggested Bible verses: Hebrews 13:16, Philippians 2:4, Luke 6:38, 1 John 3:17, Matthew 25:35-40, James 2:14, Galatians 6:2, Matthew 5:16.



Requirement: My Self I