



Meeting 7 Media



Here are three fun ways that you can teach your Builders to make wise media choices. Adapt the activities to meet the needs of your Builders or create your own activities.





The following activities partially fulfill the requirements for My Self II: I Can Make Wise Choices, which include completing the Media Critic award. See the Builder Activity Book for accompanying worksheet(s).

ACTIVITY

1

MATERIALS NEEDED

- Flashcards of good and bad media choices
- Dry erase board or two large sheets of paper
- Markers

Thumbs Up, Thumbs Down

15
MINUTES



WHAT YOU DO

Ahead of time: Make flashcards of good and bad media choices. Examples:

- Decide TV and movie guidelines with parents or guardians.
- Click on a link sent by someone you don't know.
- Play video games that are violent.
- Spend all your free time watching TV or gaming.
- Read a book about one of your heroes.
- Post or text a mean message about another kid.
- Tell an adult if you are being bullied online.
- Watch a YouTube video about a hobby.
- Subscribe to an e-magazine about sports, nature, or crafts.
- Watch a TV show that uses bad language.
- Read movie or book reviews.

Write the word “media” on the dry erase board. Define media—a way to communicate information, ideas, or stories. Then ask the Builders for examples to write on the dry erase board. Examples: TV, the Internet, the news, Netflix, social media websites, YouTube, books, magazines, video games, apps, texts.

Now read Philippians 4:8 (NET): “Finally, brothers and sisters, whatever is true, whatever is worthy of respect, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if something is excellent or praiseworthy, think about these things.” Explain that this is an excellent verse to help them decide what media to watch, read, play, or use. Write the key words from Philippians on the dry erase board (pure, lovely, commendable, excellent, and praiseworthy). Help the children give examples of what these words mean. Write the examples on the dry erase board.

Next, gather the Builders around you and have them sit in a semicircle. Tell them that you are going to show them flashcards with good and bad media choices. If it is a good choice, they will give you a thumbs up. If it is a bad choice, they will give you a thumbs down. After each flashcard, briefly discuss why this is or isn't a good choice and how it does or doesn't reflect Philippians 4:8.



Media Log

WHAT YOU DO

15
MINUTES

Begin by giving the Builders the television and video game quiz. Before they begin the quiz, let them know that the answers will be anonymous. After the children are finished, share previous results of the quiz.

Next, the Builders will create their own media log to track how much time they spend with different types of media. They should create a log that is based on what they like to do such as television, gaming, reading, texting, etc. Also, there will be a box with Philippians 4:8. They should check this box if the activity meets the ideas of the text. The Builders will keep the log for one week and then discuss it with their parents or guardians at the end of the week. Encourage the Builders to take more than one media log, so after the first week they can continue to track their media use and meet any goals they might make with their family.

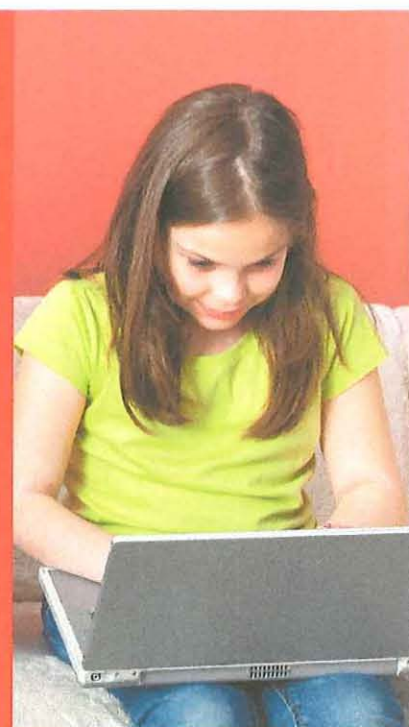
2 ACTIVITY

MATERIALS NEEDED

- Television and Video Game Quiz (see pp. 124-125 or Pinterest)
- Pencils
- Colored markers
- Media Activity Log (see p. 125 or Pinterest)



Find the **Television and Video Game Quiz** and **Media Activity Log** at [Pinterest.com/AdventSource](https://www.pinterest.com/AdventSource)





ACTIVITY

3

Be Your Own Media Critic

15
MINUTES

MATERIALS NEEDED

- Computers/tablets
- Internet access*
- Paper
- Pens or pencils

*If you don't have Internet access, bring a copy of TV Guide or book, video game, app, and movie reviews from websites such as commonsensemedia.org or pluggedin.com. Give each child three reviews to critique based on Philippians 4:8.

WHAT YOU DO

Each child should be paired with an adult and a computer or tablet. You can have more than one child per adult and computer/tablet if needed. Ask each child or small group to go to commonsensemedia.org. On the Common Sense Media homepage, have the child set their age on the sliding scale in the upper right corner. Then, with the help of an adult, he or she should find three things (movies, games, TV, books, apps, websites, or music) that would be good media choices to share with the group in a report at the end of the activity. They should base their choices on Philippians 4:8. If short on time, have each child report just one thing they found to the group. You could also have the kids share with one other person.



Award: Media Critic

To complete this award, check the requirements on p. 141 and add activities as needed.



Requirement: My Self II, A and B