



Meeting

11

Helping At Home



Here are three fun activities that encourage Eager Beavers to play and explore while learning to help at home. Adapt the activities to meet the needs of your Eager Beavers or create your own activities.





MEETING LENGTH

60-80 MINUTES

- Opening (5 minutes)
- Grandma Ellen Stories (10 minutes)
- Activities (40-60 minutes)
- Closing (5 minutes)

Opening

Using a beaver puppet, greet each of the children by name and welcome them all to Eager Beavers. Have the children sit in a circle and recite the first part of the fifth commandment: "Honor your father and mother" (Exodus 20:12).

5

MINUTES



Listen to a story about Ellen White.

CHIP COMPLETED

HELPING AT HOME



Grandma Ellen Stories

10

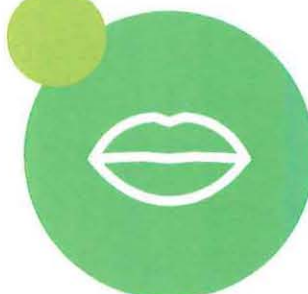
MINUTES

NEVER TOO BUSY TO LOVE US

Ask the children what they like to do to help at home. Then read "Never too Busy to Love Us" from pp. 61-65 of *Grandma Ellen and Me* (Miller, 2000). At the end of the story, ask the children what parts of their body they use to be helpful. Some answers might include feet for walking the trash to the trash can, ears for listening to and following directions, and mouth for asking may I help you. Then tell the children that during Eager Beavers they will learn more about being helpful.

MATERIALS NEEDED

- *Grandma Ellen and Me* by Mabel R. Miller (Pacific Press, 2000)





The following activities fulfill the requirement for My Family III, which is to complete the Helping at Home chip.

Helping Hands Sing-along

5
MINUTES

1 ACTIVITY

MATERIALS NEEDED

- Cookies, one per child

WHAT YOU DO

Have the children sing “We Will Help at Home Today” and use actions to represent each helping activity. This song is sung to the tune of “The Muffin Man.” To hear this song, go to ScoutSongs.com. End with giving each child a cookie.

Verse one:

We will help at home today, at home today, at home today.

We will help at home today, let's begin right now.

Additional verses:

We will make our beds today. *(Make motions like you are pulling up a sheet.)*

We will pick up toys today. *(Bend and pick up imaginary toys from the floor.)*

We will clean our rooms today. *(Pretend to vacuum.)*

We will dust the house today. *(Make dusting motions.)*

We will sweep the floor today. *(Make sweeping motions.)*

We will pull the weeds today. *(Bend and make motions like you are pulling weeds.)*

We will feed the cat today. *(Pretend to be pouring food into a bowl.)*

We will stir the cookie dough. *(Make stirring motions.)*





ACTIVITY

2

Jesus' Helping Hands

10
MINUTES

MATERIALS NEEDED

- Safety scissors
- Construction paper
- Magnet strips, two per child
- Pencils
- *Jesus, Friend of Children* by Arthur S. Maxwell (Review and Herald, 1999)

WHAT YOU DO

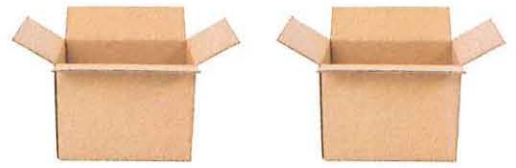
Have the children repeat Exodus 20:12 after you: "Honor your father and your mother." Tell the children that to honor means to be polite and kind, to treat someone special. Then tell them that one way to honor their parents is by being helpful. Ask the children who else they should honor. You'll want to encourage the children to include other adults that they might live or spend time with in addition to parents, such as grandparents, aunts and uncles, cousins, and teachers. Then tell them that when Jesus was a little boy He honored His parents, Joseph and Mary, and that Jesus often helped His father work. You might want to read a story from *Jesus, Friend of Children*.

Explain that to remind them to be helpful, they are going to make helping hands magnets to put on their refrigerators. Have the children trace each hand onto a piece of construction paper. Then have them cut out their handprints and attach a self-adhesive magnet strip to the back of each hand.



Way to go!





Picking Up Toys Race

15
MINUTES

WHAT YOU DO

Divide the children into teams. Each team will be given a toy that they have to balance while walking to a box to put the toy in and then run back to their team. Repeat the activity until each team member has taken a turn.

Remind the children that one way they can be helpful is by putting away their toys. So today they are going to practice. Explain that each of them will get a toy that they will have to put away into a toybox. Then show them how they are to put away the toy.

Round one:

- Have the children balance a bean bag on their heads while walking to the toy box.

Repeat with each of the following:

- Balance the frisbee on the tips of fingers.
- Balance a tennis ball on the face of a tennis racket.

If they drop one of the toys, just let them pick it up and retry from where they are. They don't need to go back to the starting line. And remember, don't stop when a team wins. Encourage the children who have completed their turns to cheer on those still playing.

3 ACTIVITY

MATERIALS NEEDED

- Boxes or tubs
- Bean bags
- Frisbees
- Tennis balls
- Tennis rackets





ACTIVITY

4

Washing My Clothes

15
MINUTES

MATERIALS NEEDED

- 100% cotton t-shirts or 20 × 20 in (51 × 51 cm) fabric squares (white, pre-washed)
- Cardboard or newspaper
- Craft glue (washable)
- Liquid fabric dye (several colors)
- Spray bottles
- Smocks
- Plastic gloves
- Tarps, old sheets, or newspaper
- Hair dryers

WHAT YOU DO

Ahead of time: Wash and dry t-shirts or fabric squares. Mix the dye according to the manufacturer's directions. Then pour the dye into spray bottles (about 2 cups per bottle).

Several days before the meeting: Place a sheet of cardboard or several sheets of newspaper inside the t-shirt or under the fabric square. Use craft glue to make designs on one side of the t-shirts or fabric squares. (The thicker the glue, the closer to white the design will be.) Next, remove the cardboard or newspaper from under the design before the glue dries and makes the fabric stick to it. Hanging the t-shirts/fabric squares on a clothesline is a good way to let the glue dry.





Ask the children if they have ever noticed that when adults do laundry, they put all of the dark clothes in one pile and the white ones in another pile. Explain why and tell them they can have helpful hands by helping sort the clothes to wash.

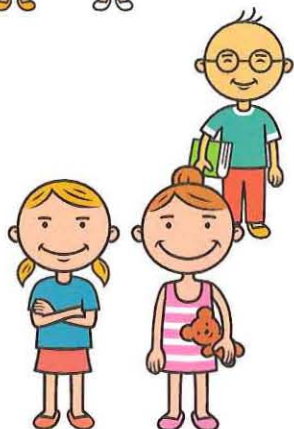
Now have the children spray the dye onto the shirts or fabric squares. If you want to let the children see how colors mix, let them spray a second color onto the fabric before the first color dries. If you want to use two colors, try the following color combinations: red & yellow (orange); red & blue (purple); yellow & blue (green). To speed up the drying process, use hair dryers to dry the fabric.

Give the parents/guardians the following written directions: Let the fabric dry overnight, then rinse the fabric in cold water to remove the glue. Some dye will come out at this time. To set the remaining dye, wash the fabric in hot water and let it air dry.



Since this activity has the potential to be very messy, you may want to go outside for this project. Wherever you do it, cover the children's work area with painting tarps, old sheets, or several layers of newspaper. Then have each child wear a smock. Plastic surgical gloves can be worn by the children to keep them from getting dye on their hands.



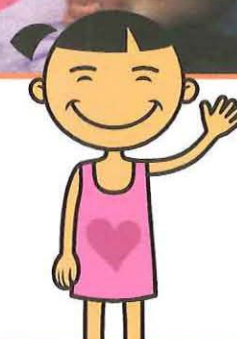
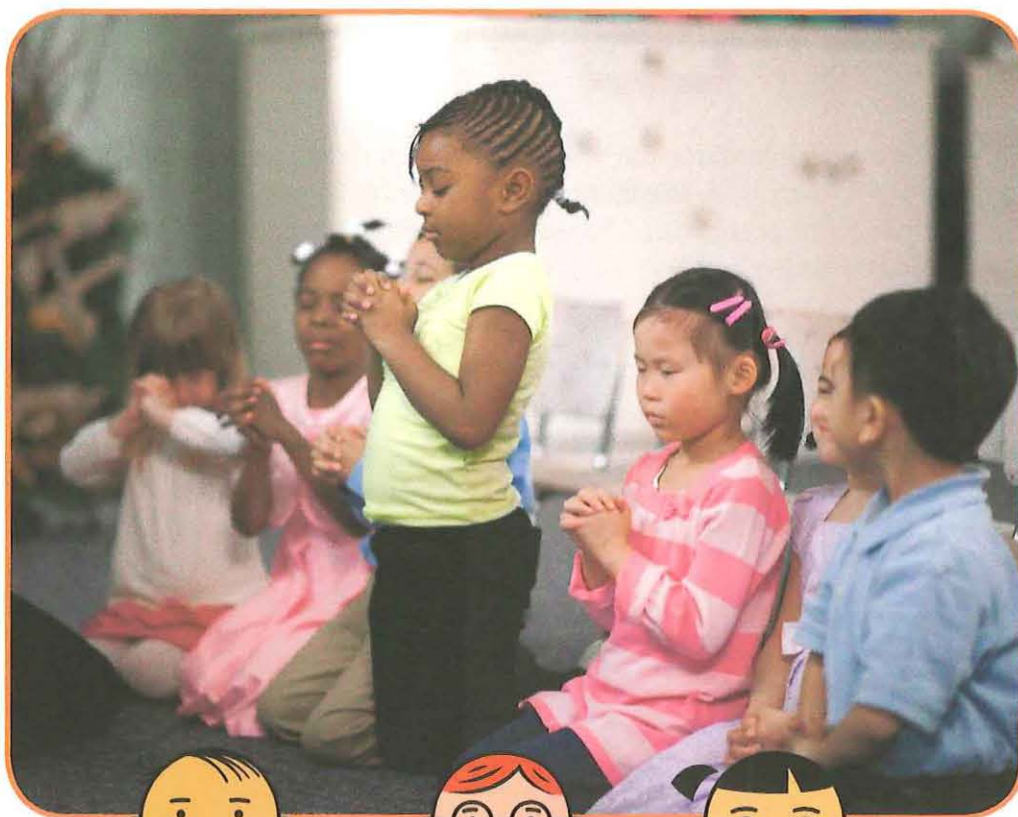


Closing

5
MINUTES



Gather the children into a circle and ask them a specific question about what they learned during Eager Beavers. Say a prayer and then ask for an Eager Beaver to volunteer to pray for the group. Rejoin the rest of the Adventurers for the closing program.



Chip: Helping at Home



Requirement: My Family III