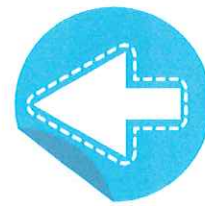
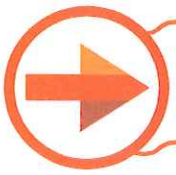


Here are three fun ways to share God's message with Helping Hands. Adapt the activities to meet the needs of your Helping Hands or create your own activities.





The following activities partially fulfill the requirement for My God II: God's Message to Me, which is to complete the Bible II award. See the Helping Hand Activity Book for accompanying worksheet(s).

ACTIVITY

1

MATERIALS NEEDED

- Music and lyrics to a song of your choice that teaches children the books of the Old Testament (go to [YouTube.com](https://www.youtube.com) and search for "books of the old testament songs")
- Dry erase board or large sheet of paper
- Markers
- Rhythm sticks (optional)



Books of the Old Testament Song

15
MINUTES

WHAT YOU DO

Ahead of time: Select a song that teaches the Old Testament books of the Bible and write the names of the books on the dry erase board.

Begin by having the children read the books of the Bible you've listed on the board. Next, play a recording or sing the books of the Old Testament song all the way through. Then begin teaching the song to the children. To teach the song, you can break it down to just a few books at a time and then add on more each time. Another option is to assign specific books to one or more children and have them sing the books when their time comes. You can also use hand clapping or rhythm sticks to add some fun action to the song.



Bible Verse Olympics

WHAT YOU DO

Ahead of time: Make a sign for each station. The signs should say what activity the child does and include a Bible verse about living for Jesus. Example: Jump rope as you say Philippians 4:13. Create stations for activities such as jumping rope, jumping on a mini trampoline, doing sit ups, doing jumping jacks, and hitting a beach ball to keep it in the air. You will want to adapt this activity to match the skill level of your Helping Hands.

Begin the activity by reading the Bible verses that you've selected for the activity. Briefly discuss what each verse means. Tell the kids to practice reciting the verses at each station.

Assign an adult to each station and have the children spend one to two minutes at each station. You can spend more time at each station if you have fewer children or fewer stations. If you have a large group, you should create multiple stations with the same activities so the children are not standing around waiting for a turn.

Adapted from The Big Book of Bible Games (Gospel Light, 1996).

15
MINUTES

2 ACTIVITY

MATERIALS NEEDED

One of the following for each station:

- Jump rope
- Mini trampoline
- Stationary bike
- Exercise mat
- Beach ball
- Sign to post at each station



ACTIVITY

3

Tour Guide Charades

15

MINUTES

MATERIALS NEEDED

- Dry erase board or large sheet of paper
- Markers

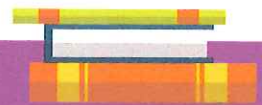
WHAT YOU DO

List several Bible characters' names on the dry erase board. Suggested names: Noah, Abraham, Esther, Moses, David, Ruth, and Daniel. Ask the children what they know about each character.

Divide the children into groups of two. Now have the children close their eyes and think about one of the Bible characters. Ask them to imagine the Bible character and a place where he or she spent time (such as Esther in the king's palace). Encourage them to imagine the colors they might see, every object in the room, the lighting, the colors of the walls, and other people or animals in the scene. Give them time to imagine and then have them open their eyes.

Then have one of the children in each pair take the other child on a guided tour of the Bible scene he or she imagined. They do this by describing the physical details of the scene without using the Bible character's name. For example, the child might say, "The sun is shining. It is very hot. The bank of the river is very steep. It's kind of muddy. I see a boy fishing downstream." (It's a good idea to model describing a scene before having the children do it.) Give each child two or three minutes to describe the scene. The child listening can ask questions about what is being described. You might also want to have adults nearby to answer questions and guide children who are struggling to describe the scene. The child listening should guess which Bible story or character is being described.

Then switch roles and have the second child describe a scene and have the other child listen.



Award: Bible II

To complete this award, check the requirements on p. 130 and add activities as needed.



Requirement: My God II