



Meeting 12

Starry Night

Here are some fun activities that encourage Little Lambs to play and explore while learning about stars. Adapt the activities to meet the needs of your Little Lambs or create your own activities.



MEETING LENGTH

60-80 MINUTES

- Gather the Flock (5 minutes)
- Lamb Tales (10 minutes)
- Activities (40-60 minutes)
- Good-baa Little Lambs (5 minutes)

Gather the Flock

5

MINUTES

Using a lamb puppet or toy lamb, greet each of the children by name and welcome them all to Little Lambs. Have the children sit in a circle.



Listen to a story about stars.

STAR COMPLETED

STARS



Lamb Tales

10

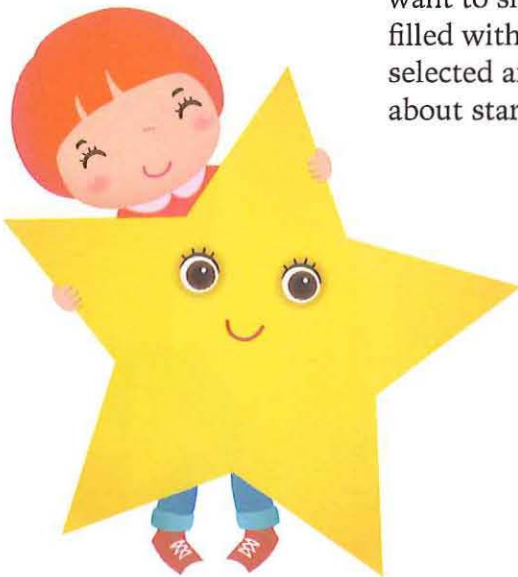
MINUTES

STARS

Begin by holding up a star and sharing that stars can help people get places. Explain that people can walk or sail in a boat toward a star. (If your Little Lambs live in a city, you might want to show them pictures of the night sky filled with stars.) Then read the book you selected and invite the children to learn more about stars during the meeting.

MATERIALS NEEDED

- *One Shining Star: A Christmas Counting Book* by Anne Kennedy (Zonderkidz, 2006) or a book of your choice





The following activities fulfill the requirements for the Stars star.

Follow the Star

10
MINUTES

WHAT YOU DO

Ahead of time: Make a large star out of construction paper or cardboard.

Hold the star up high so all the children can see it, and have the children follow you and mimic your actions. You might skip, climb up some steps, crawl, run down the hall, or walk backwards. You can play this game inside or outside but make sure you have plenty of space.

1 ACTIVITY

MATERIALS NEEDED

- Large paper or cardboard star
- Scissors





ACTIVITY

2

Twinkle, Twinkle, Big and Little Stars

10

MINUTES

MATERIALS NEEDED

- Construction paper
- Sponges
- Felt
- Cardboard
- Wallpaper
- Sandpaper
- Three boxes

WHAT YOU DO

Ahead of time: Cut out three different sizes of stars (small, medium, and large) from a variety of materials: construction paper, sponges, felt, cardboard, wallpaper, and sandpaper. On the front of three boxes, outline a star in the size that goes into the box.

Have the children sort the stars by shape.



Sparkling Stars

10
MINUTES

WHAT YOU DO

Give each child a sheet of construction paper and a star stencil. Have them trace the stencil onto construction paper and fill in the outline with glitter glue. Once they've finished one star, have them repeat the process until their paper is filled with stars.

3 ACTIVITY

MATERIALS NEEDED

- Star stencils
- Pencils
- Glitter glue sticks
- Construction paper



ACTIVITY

4

Night Sky

WHAT YOU DO

10

MINUTES

MATERIALS NEEDED

- Flashlights
- Styrofoam cups
- Ballpoint pens

Have the children use the tip of a ballpoint pen to poke holes in the bottom of the styrofoam cup. For the next step, you'll need to darken the room, so let the children know that you'll be turning off the lights. It's a good idea to leave a dim light on so the children can still see. Then have the children place a flashlight in the styrofoam cup and shine the light onto the ceiling to create their own night sky.

TIP

Have extra cups ready in case some of the children punch very large holes in their cups.



Good-baa Little Lambs

5

MINUTES

Gather the children into a circle and ask them a specific question about what they learned during Little Lambs. Example: Why did the three kings follow the star? Sing "Jesus Is My Shepherd" (p. 175) and then rejoin the rest of the Adventurers for your closing program.



Star: Stars