



# Meeting 16

## Trains, Trucks, and Tots

Here are some fun activities that encourage Little Lambs to play and explore with trains and trucks. Adapt the activities to meet the needs of your Little Lambs or create your own activities.



## MEETING LENGTH

### 60-80 MINUTES

- Gather the Flock (5 minutes)
- Lamb Tales (10 minutes)
- Activities (40-60 minutes)
- Good-baa Little Lambs (5 minutes)

## Gather the Flock

5

MINUTES

Using a lamb puppet or toy lamb, greet each of the children by name and welcome them all to Little Lambs. Have the children sit in a circle.



Listen to a story about trucks or trains.

## STAR COMPLETED

TRAINS  
& TRUCKS



## Lamb Tales

10

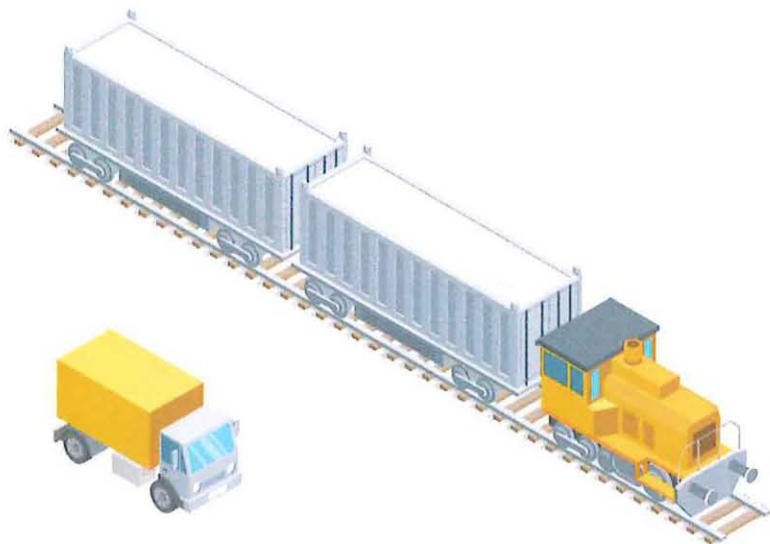
MINUTES

### TRUCKS OR TRAINS

Begin by showing the children some pictures of trucks (or trains if that is the theme you select). Then read the book you selected. End by telling the children that they will be learning more about trucks (or trains) during the meeting.

### MATERIALS NEEDED

- *C is for Construction: Big Trucks and Diggers from A to Z* (Chronicle, 2003) or a book of your choice





The following activities fulfill the requirements for the Trains & Trucks star.

## Red Light, Green Light

10

MINUTES

### WHAT YOU DO

Ahead of time: Cut two large circles out of construction paper, one red and one green. With masking tape, mark out a starting line and a finish line on the floor.

Have the children stand an arm's width apart at the starting line. When you say "green light" and hold up the green circle, the children can begin walking toward the finish line. When you say "red light" and hold up the red circle, the children freeze in place. Switch back and forth from green to red until all of the children have crossed the finish line. You can try this with a variety of actions including hopping, crab crawling, rolling, baby steps, or giant steps.

1

ACTIVITY

### MATERIALS NEEDED

- Red and green construction paper
- Masking tape





## ACTIVITY

# 2

# Construction Site

# 15

MINUTES

## WHAT YOU DO

### MATERIALS NEEDED

- Sand
- A large sheet or oversized tubs
- Toy trucks, dump trucks, and other construction vehicles
- Pictures of trucks
- Small shovels
- Buckets
- Legos or other building blocks

Ahead of time: Place sand on a large sheet or in oversized tubs. Borrow toy trucks, dump trucks, and other construction vehicles from friends or church members or find used ones at your local thrift shop.

Place pictures of trucks at work around the sandbox area. Then turn the children loose to play. You might include some shovels, buckets, and Legos or other building blocks.





# Take a Ride

10  
MINUTES

## WHAT YOU DO

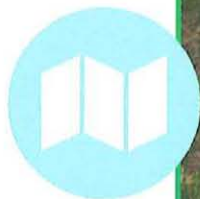
Ahead of time: Create cars, trucks, trains, buses, boats, or planes out of boxes. If you have the time, you can paint the outside of the boxes to look like the vehicle(s) you selected. If not, tape a picture onto the box. You can also place chairs in rows to simulate trains, buses, and planes. Additionally, you might include some of the following props: construction paper “tickets,” mini bags of pretzels, maps, oversized shirts for uniforms, caps, life jackets, steering wheels, horns, empty boxes (to load onto the trucks), and suitcases.

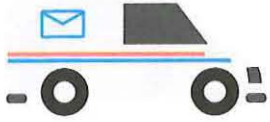
Show the children the pictures of the people using the transportation method(s) you selected. Then encourage them to play with the props you provided.

## 3 ACTIVITY

### MATERIALS NEEDED

- Boxes, a variety of large sizes
- Paint (optional)
- Paintbrushes (optional)
- Pictures of vehicles (trains, plains, boats)
- Child-size chairs
- Props, such as construction paper “tickets,” mini bags of pretzels, maps, oversized shirts for uniforms, caps, life jackets, steering wheels, horns, empty boxes (to load onto the trucks), and suitcases
- Pictures of people using and working on different types of transportation





## ACTIVITY

# 4

### MATERIALS NEEDED

- A CD or recordings of transportation sounds (check [YouTube.com](https://www.youtube.com))
- Pictures of vehicles (optional)

## Honk, Honk, Beep, Beep

10  
MINUTES

### WHAT YOU DO

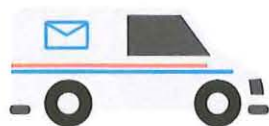
Have the children sit on the floor in a semi-circle. Play the transportation sounds and have the children guess what type of vehicle made the sound. You may also want to show them a picture of the vehicle once they've guessed what made the sound.



## Good-baa Little Lambs

5  
MINUTES

Gather the children into a circle and ask them a specific question about what they learned during Little Lambs. Example: What is your favorite type of truck? Sing "Jesus Is My Shepherd" (p. 175) and then rejoin the rest of the Adventurers for your closing program.



**Star:** Trains & Trucks