



Meeting 18 Finger Fun

Here are some fun activities that encourage Little Lambs to play and explore through finger play. Adapt the activities to meet the needs of your Little Lambs or create your own activities.



MEETING LENGTH

60-80 MINUTES

- Gather the Flock (5 minutes)
- Lamb Tales (10 minutes)
- Activities (40-60 minutes)
- Good-baa Little Lambs (5 minutes)

Gather the Flock

5

MINUTES

Using a lamb puppet or toy lamb, greet each of the children by name and welcome them all to Little Lambs. Have the children sit in a circle.



Listen to a story about hands.

STAR COMPLETED

FINGER
PLAY



Lamb Tales

10

MINUTES

HANDS

Have the children wave, clap, and scratch. Ask them what else they can do with their hands. Read the book you selected. Let the children know they'll be doing more with their fingers and hands during the meeting.

MATERIALS NEEDED

- *26 Big Things Small Hands Do* by Coleen Paratore (Free Spirit, 2008) or a book of your choice





The following activities fulfill the requirements for the Finger Play star.

Mice Tracks

10
MINUTES

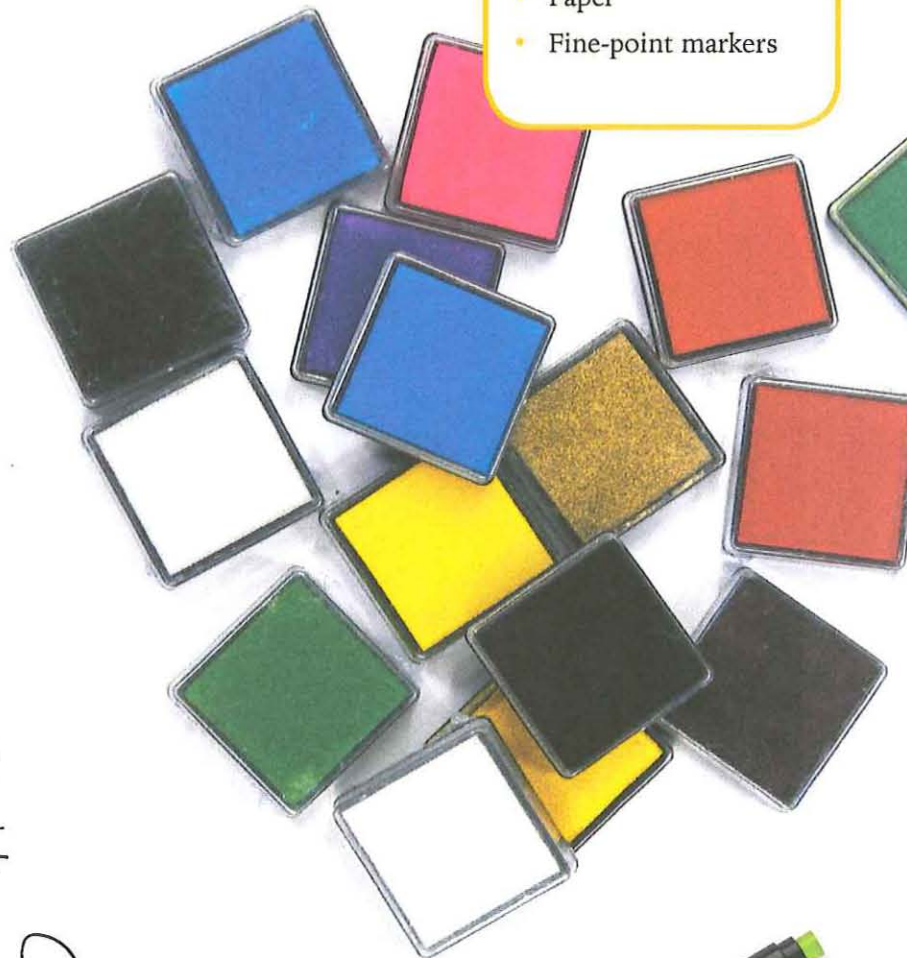
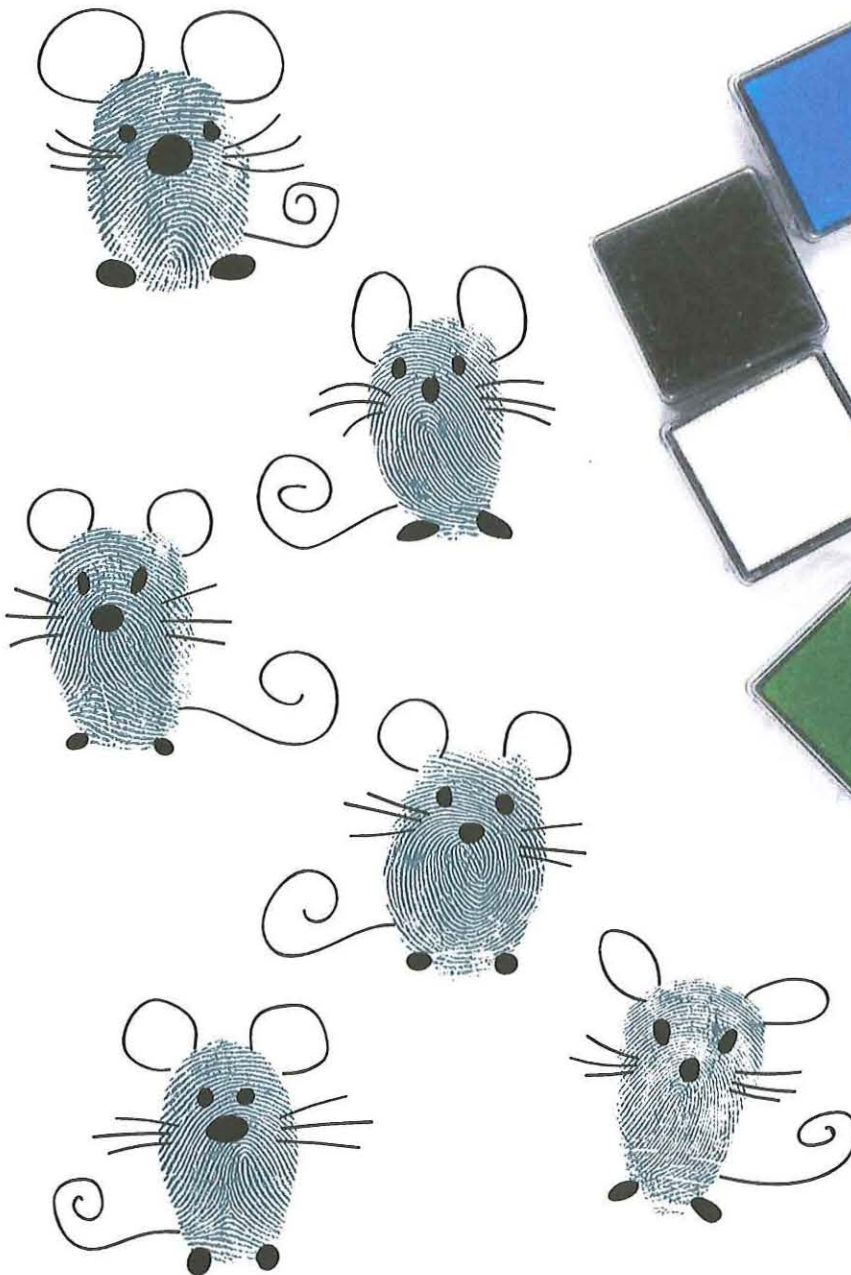
WHAT YOU DO

Show the children how to ink a fingertip and press it on the paper. Then show them how to add ears, whiskers, and a tail to create a mouse. Let them fill up a sheet of paper with mice.

1 ACTIVITY

MATERIALS NEEDED

- Ink pads
- Paper
- Fine-point markers



ACTIVITY

2

Finger Plays

10

MINUTES

WHAT YOU DO

MATERIALS NEEDED

- Fingerplays

Ahead of time: Select several fingerplays. Fingerplays that you may already know are “Where is Thumbkin,” “Here’s the Church,” or “Five Little Monkeys.” For additional fingerplays, check out SongsForTeaching.com/fingerplays or *1001 Rhymes & Fingerplays* (Totline, 1994).

Lead the children in several fingerplays. It’s a good idea to repeat each fingerplay at least twice. Generally, they are short and the children will enjoy the repetition.



Finger Foods

15

MINUTES

WHAT YOU DO

Ahead of time: Prepare enough bread dough so each child can have a small (cupcake size) amount to knead and take home to bake. Include take-home baking instructions for the parents or guardians. Bake or buy unfrosted cupcakes or muffins. Find out if any of the children have food allergies. Set up the four cooking centers described below.

Encourage the children to try each of the four cooking centers.

Baking Center

Give each child a fist-size (their fist, not yours) piece of bread dough to knead. They can take the bread home to bake.

Cookie Cutter Center

Here the children can use small cookie cutters to cut shapes out of sliced bread and then cover them with peanut butter.

Decorating Center

Let the children frost and decorate cupcakes.

Picture Center

Show the children how to make pictures on paper plates with dried fruit, pretzel sticks, and vegetables.

3

ACTIVITY

MATERIALS NEEDED

- Bread dough
- Cupcakes or muffins
- Small cookie cutters
- Sliced bread
- Peanut butter
- Plastic knives
- Frosting
- Sprinkles
- Paper plates
- Dried fruit
- Pretzel sticks
- Sliced vegetables





ACTIVITY

4

Digging and Planting

10
MINUTES

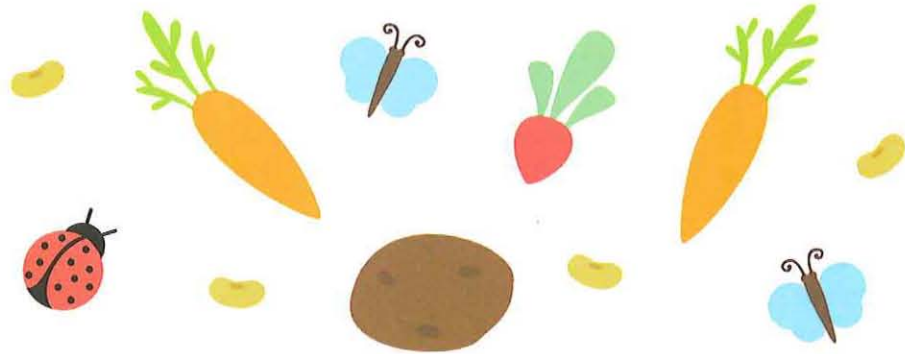
WHAT YOU DO

Ahead of time: Fill several shallow tubs or boxes with potting soil.

Give the children a variety of dried beans to practice planting. Other fun things to plant are twigs (trees), rocks, radishes, baby carrots, and small potatoes. The children can plant and harvest over and over. Spoons work well for shovels.

MATERIALS NEEDED

- Potting soil
- Dried beans
- Twigs and rocks
- Radishes, baby carrots, and small potatoes
- Spoons
- Shallow tubs or boxes



Good-baa Little Lambs

5
MINUTES

Gather the children into a circle and ask them a specific question about what they learned during Little Lambs. Example: What are three things you can do with your fingers? Sing "Jesus Is My Shepherd" (p. 175) and then rejoin the rest of the Adventurers for your closing program.



Star: Finger Play