



# Meeting 4

## I Am Special



Here are three fun ways to teach Sunbeams that they are special to Jesus. Adapt them to meet the needs of your Sunbeams or create your own activities.





The following activities fulfill the requirement for My Self I: I Am Special. See the Sunbeam Activity Book for accompanying worksheet(s).

## ACTIVITY

# 1

## Sing-along

# 15

MINUTES

### WHAT YOU DO

#### MATERIALS NEEDED

- The following songs or songs of your choice:
  - “No One Like Me” by Pam Minor ([songsforteaching.com](http://songsforteaching.com))
  - “I’m Terrific!!!” by Kathleen Wiley ([songsforteaching.com](http://songsforteaching.com))
  - “Being Me” on *Down by the Creek Bank* by Dottie Rambo and David Huntsinger (Brentwood Benson, 2003); to hear children singing this song, search for “Being Me (Creek Bank).wmv” on [YouTube.com](http://YouTube.com)

These songs are most likely new to your Sunbeams and their parents or guardians, so you’ll want to have the words printed out for them. Children often learn best when they can hear the whole song from beginning to end, so start by singing the song to the Sunbeams a couple of times. Then let them join in when they are ready. Feel free to gesture or use hand motions while you sing. Children who may not sing will often do the motions along with you.



# Life-size Drawing

## WHAT YOU DO

15

MINUTES

Begin by reading Psalm 139:14 (NRSV): “I praise you, for I am fearfully and wonderfully made.” Explain to the Sunbeams what this means. Then ask the children to each name something that is special about them. (Sample answers: they can whistle, are kind, can tell jokes, etc.). Remind them that they are each special to Jesus. Next, have each of the children lay on a large sheet of paper. Have an adult trace the outline of the child with a marker. Now let the children fill in the details—hair, eyes, mouth, nose, clothes. You can have them use crayons or chalk. If you have time, give them buttons, scraps of fabric, etc. to add detail to their drawing. Have the children decorate their drawings with additional pictures and words which show good things about themselves.

### TIP

If the children use chalk, take their pictures to a well-ventilated area and lightly spray them with aerosol hairspray or drawing fixative to keep the chalk from smearing.

2

## ACTIVITY

### MATERIALS NEEDED

- Roll of butcher paper or newsprint
- Crayons or colored chalk
- Markers
- Buttons, scraps of fabric, yarn, string, etc.





## ACTIVITY

# 3

## Photo Ops

15  
MINUTES

### WHAT YOU DO

#### MATERIALS NEEDED

- Cameras
- Props such as hula hoops, hats, beach balls, bats, feather boas, adult-size clothing
- Typed list of photo editing resources, such as:
  - [BigHugeLabs.com](http://BigHugeLabs.com)
  - [Magix-funpix-maker.en.softonic.com](http://Magix-funpix-maker.en.softonic.com)
  - [Kodak.com/ek/Fun-For-Kids.htm](http://Kodak.com/ek/Fun-For-Kids.htm)
  - [Befunky.com](http://Befunky.com)

Begin by reading Psalm 139:14 (NRSV): “I praise you, for I am fearfully and wonderfully made.” Ask the children what wonderful things they can do. Next pair the children up and have them take pictures of each other doing fun things or making silly faces. Play upbeat music in the background to get the kids moving.

The second part of this activity takes place at home. Give the parents and guardians a list of websites where they can find a photo editing program. Then their children can play around with the photos by changing the colors, creating collages, and many other fun things! You might want to try out one of the suggested sites before the club meeting and share your edited photos with the parents and guardians.

If some families don't have computers at home, encourage parents to arrange a playdate at the home of another Sunbeam who has a computer so the children can finish this activity.



**Requirement:** My Self I