



# Meeting

## 6

### Ladybugs



Here are three fun ways that you can explore the life of ladybugs with your Sunbeams. Adapt them to meet the needs of your Sunbeams or create your own activities.





The following activities partially complete the requirements for the Ladybugs award.

## ACTIVITY

# 1

# Ladybug Life Cycle Coloring Sheet

10  
MINUTES

## MATERIALS NEEDED

- Ladybug Life Cycle Coloring Sheet (see p. 123 or Pinterest)
- Show a video of the ladybug's life cycle (search "ladybug life cycle" on [YouTube.com](https://www.youtube.com)) or read a book about the ladybug life cycle such as *A Ladybug's Life* by John Himmelman (Children's Press, 1998) or *Como crece una mariquita* by Katie Marsico (Scholastic, 2008)
- Markers or colored pencils

## WHAT YOU DO

Begin with a video or book of the life cycle of the ladybug. Then have the Sunbeams color the coloring sheet of the ladybug's life cycle.



Find the **Ladybug Life Cycle Coloring Sheet** at [Pinterest.com/AdventSource](https://www.pinterest.com/AdventSource)





# Ladybug Snacks

## WHAT YOU DO

15  
MINUTES

Make sure that none of the Sunbeams are allergic to any of the following ingredients. If they are, find alternative ingredients.

Begin by talking to the children about what ladybugs eat. Some help gardeners by eating pests like aphids or mealy bugs. Others are vegetarians and eat fungus or mildew and others eat leaves.

Next have the children make one or more of these snacks. Show them a completed sample of each snack they are going to make.

**Apple ladybugs:** Place two quarters of an apple side by side, peel side up. This is the body of the ladybug. Next, push three pretzel sticks into the side of each apple slice for the legs. Then use a toothpick to attach a grape for the head. Last, put a little peanut butter on a raisin and place the raisin peanut butter side down onto the apple. Cover the apple with six to eight raisin spots.

**Strawberry ladybugs:** Start with a strawberry for the body of the ladybug. Then use a toothpick to attach a blueberry for the head. The blueberry should be attached to the end of the strawberry where the stem was. Last, poke the mini chocolate chips (the pointed side down) into the strawberry to make the ladybugs spots.

**Ladybug eggs:** Have the children select a leaf or flower. Then have them place a spoonful of ladybug eggs (sticky rice) onto the leaf or flower.

Eat!



## 2 ACTIVITY

### MATERIALS NEEDED

- For apple ladybugs: apples cut into fourths (two pieces for the body), pretzel sticks (6 legs), raisins (spots), peanut butter (to attach the spots), grapes (the head), toothpicks (to attach the head)
- For strawberry ladybugs: stemmed strawberries (body), mini chocolate chips (spots), blueberries (head), toothpicks (to attach the head)
- For ladybug eggs: edible leaves or flowers (lettuce, cabbage, bok choy, pansies, nasturtiums, daylilies), sticky rice cooked with turmeric to turn the rice yellow (ladybug eggs)
- Small spoons



## ACTIVITY

# 3

# Ladybug Tic-tac-toe

20  
MINUTES

## WHAT YOU DO

Show the Sunbeams a completed projected. Begin by having the children glue the yarn onto the felt to make a tic tac toe grid. Set aside.

Now have the children paint five rock ladybugs. To do this have them paint the entire rock black. Then once the paint is dry (with the help of a hair dryer if needed), paint red wings onto the rocks and then put black dots onto the wings.

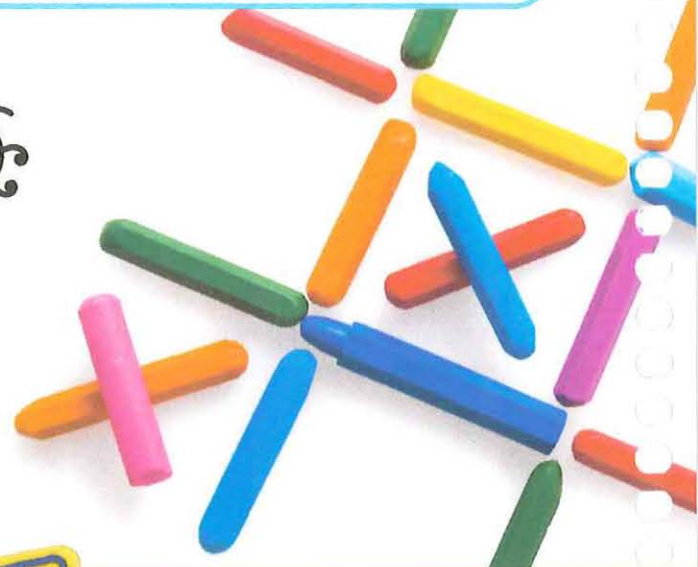
Next have the children paint five rock ladybug larva. To do this have them paint the entire rock black. Then once the paint is dry (with the help of a hair dryer if needed), paint an orange stripe on the sides of each rock.

## MATERIALS NEEDED

- Felt, 9 × 12 in (23 × 30.5 cm)
- Yarn, 9 in (23 cm) lengths
- Craft glue
- Smooth, clean rocks, approximately 2-3 in (5-8 cm) long
- Red acrylic paint
- Orange acrylic paint
- Black acrylic paint
- Paintbrushes, 1 in (2.5 cm) and fine tipped
- Hair dryer
- Containers

## TIPS

- Need to know how to play tic tac toe? Go to [boardgames.about.com/od/paperpencil/a/tic\\_tac\\_toe.htm](http://boardgames.about.com/od/paperpencil/a/tic_tac_toe.htm).
- To speed up this activity, you may want to have the Sunbeam's parent or guardian help paint the rocks.



**Award:** Ladybugs

To complete this award, check the requirements on p. 133 and add activities as needed.