



Meeting 10

I Have a Family

Here are three fun ways that you can connect with family. Adapt them to meet the needs of your Sunbeams or create your own activities.





The following activities fulfill the requirement for My Family I: I Have a Family. See the Sunbeam Activity Book for accompanying worksheet(s).

ACTIVITY

1

Story Time with Family

15
MINUTES

MATERIALS NEEDED

- Ask parents/guardians to bring in family photos (if they don't have any they can just talk)

WHAT YOU DO

Share Psalm 77:5 (NIV): "I consider the days of old, and remember the years of long ago" with the children. Have each adult pair off with his or her Sunbeam and talk about the photos and share childhood memories.

TIP

Let the parents/guardians know that the Sunbeams will be very interested in learning about their childhood foods, trips, pets, school, and games.



Memory Multi-media Poster

15
MINUTES

WHAT YOU DO

Begin by showing the Sunbeams a multi-media poster you created of a childhood memory. (You might draw a dog and glue on some yarn for the fur. Then cut out a picture of a tree for the dog to lie under. You could glue on pieces of fabric for clouds and flowers.) Ask the Sunbeams to make a picture of their favorite memory that their parent/guardian just shared with them. Then have the children give the picture to their parent/guardian.

2 ACTIVITY

MATERIALS NEEDED

- Construction paper, 9 × 12 in (23 × 30.5 cm)
- Scraps of fabric
- Yarn, various colors
- Buttons, bric-a-brac, ribbon
- Old magazines
- Safety scissors
- Craft glue
- Markers or crayons



ACTIVITY

3

Scrapbook

15
MINUTES

WHAT YOU DO

MATERIALS NEEDED

- Construction paper, 9 × 12 in (23 × 30.5 cm)
- Scraps of fabric
- Yarn, various colors
- Buttons, bric-a-brac, ribbon, stickers
- Safety scissors
- Craft glue, glitter glue
- Markers or crayons
- Hole punch

Ahead of time: Make blank scrapbooks for the children to decorate and take home to fill up with their own photos and stories of their family. For each book, you need 12 sheets of construction paper with three holes punched along the left side of the paper. Use yarn to bind the paper together.

Begin by showing the Sunbeams a scrapbook you've made. Then have the children draw a picture of themselves on the front cover and write "My Memories." They can decorate the inside pages however they want. Remind them to leave some blank spaces for writing memories or gluing pictures.

TIP

If you Google "scrapbooking with kids images" you will find a lot of great ideas to inspire the Sunbeams. There are also books at your public library on scrapbooking with kids.



Requirement: My Family I