



Meeting 13 Road Safety



Here are three fun ways that you can teach Sunbeams about road safety. Adapt them to meet the needs of your Sunbeams or create your own activities.





The following activities fulfill the requirement for My Family III: My Family Helps Me Care for Myself, which is to complete the Road Safety award. See the Sunbeam Activity Book for accompanying worksheet(s).

ACTIVITY

1

Law Enforcement Officer Visit

20
MINUTES

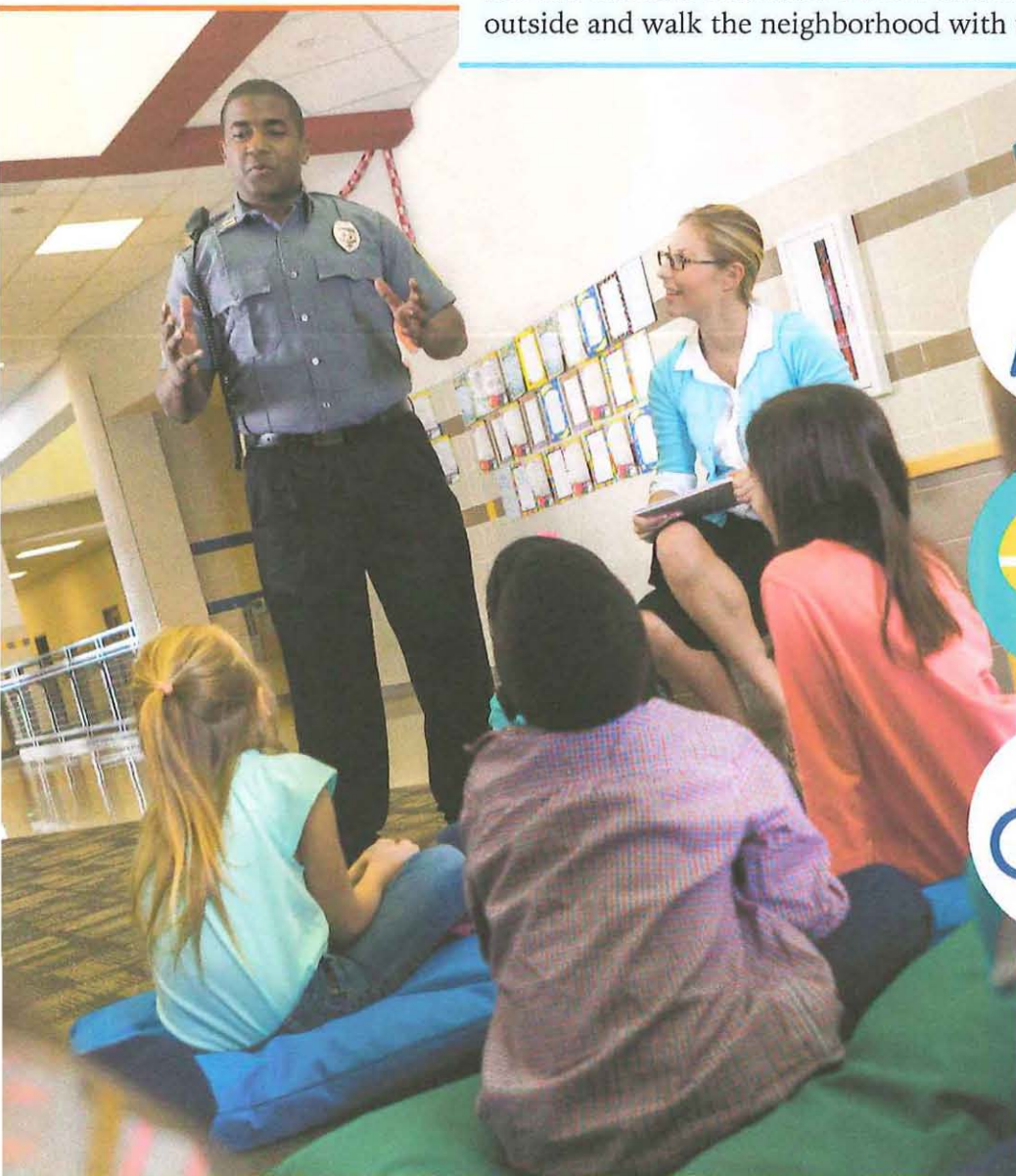
MATERIALS NEEDED

- Law enforcement officer

WHAT YOU DO

Make arrangements for a law enforcement officer to talk to the Sunbeams about the importance of wearing a seat belt and pedestrian and cyclist road safety.

You can combine Activities 1 and 2 and have the law enforcement officer go outside and walk the neighborhood with the children and adults.



Stop, Look, and Listen

15
MINUTES

WHAT YOU DO

For this activity, you will pair a child with an adult and go out and practice road safety in the neighborhood around the church. You can also create streets and sidewalks in the church parking lot where the children can practice road safety.

Have adults share road safety tips with the child as they go. For example, as the adult and child come to a street corner, they would discuss looking both ways and stopping, looking, and listening.

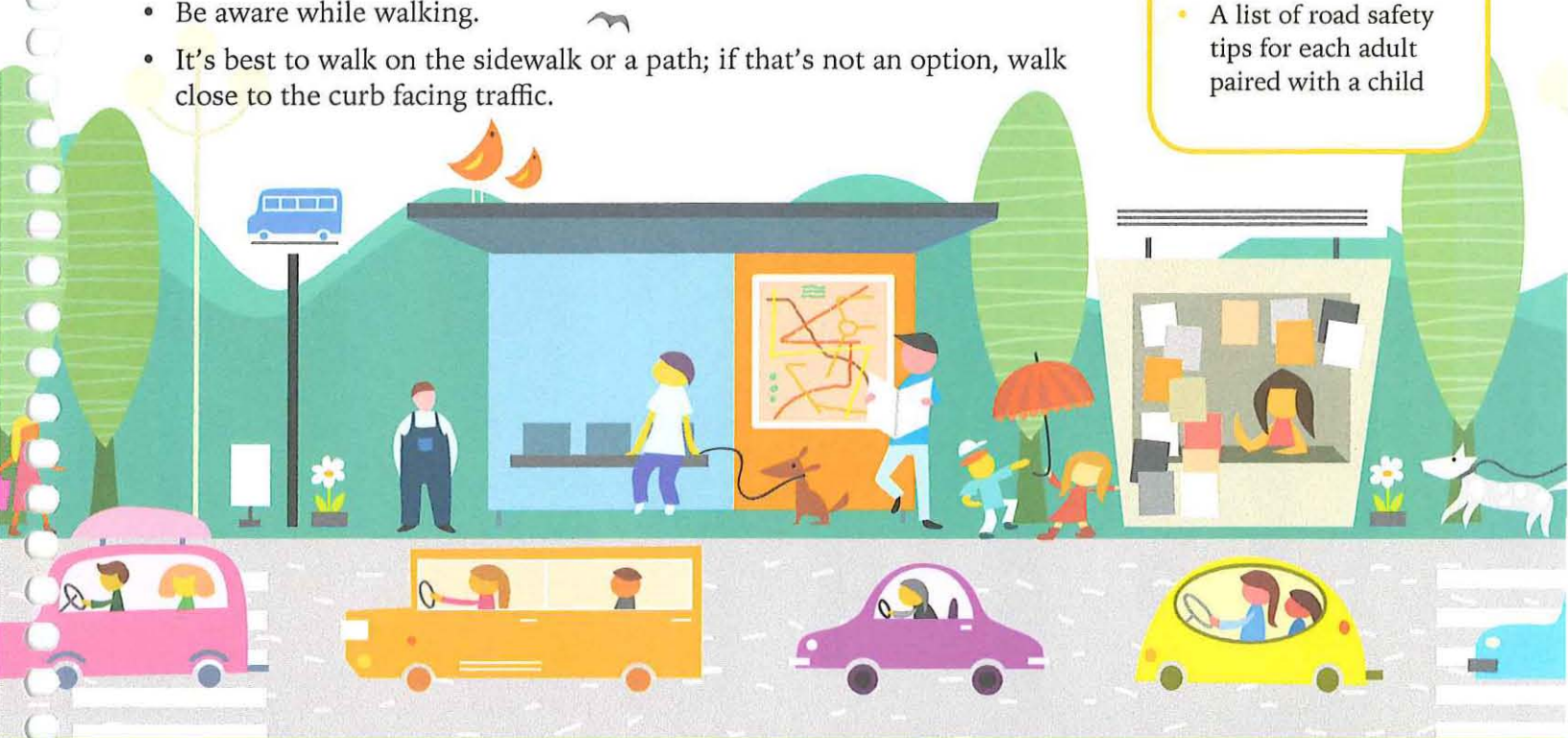
Suggested road safety tips:

- Stop, look, and listen before crossing the street.
- Look, left, right, left (or right, left, right, depending on where you live) before crossing streets.
- Make eye contact with the driver of a car you cross in front of.
- Don't cross the street between parked cars.
- Cross the street at corners, following traffic signals and using crosswalks where available.
- Be aware while walking.
- It's best to walk on the sidewalk or a path; if that's not an option, walk close to the curb facing traffic.

2 ACTIVITY

MATERIALS NEEDED

- Road signs if you are creating a walking area in the parking lot for Activity 2 (Find printable U.S. traffic signs at doodlesandjots.com; type "All signs point to fun" in the search box. For Canadian road signs, go to wikipedia.org/wiki/Road_signs_in_Canada. In Bermuda check out the Bermuda Road Safety Council on Facebook.)
- A list of road safety tips for each adult paired with a child





10
MINUTES

ACTIVITY

3

Red Light, Green Light

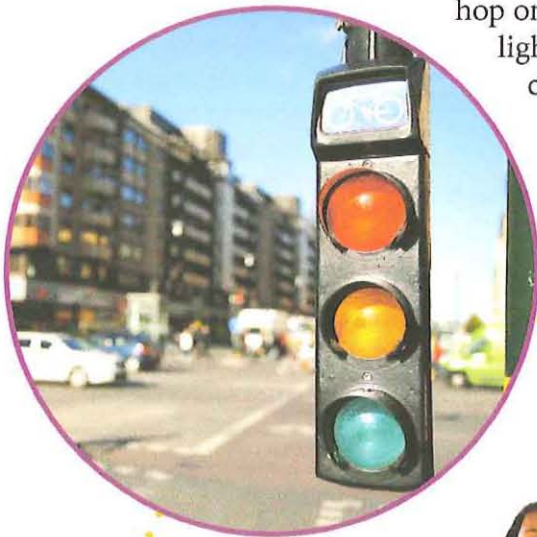
WHAT YOU DO

MATERIALS NEEDED

- An open space to play

An adult is the stop light. Have the children stand about 20 feet away from the adult. (To help the children spread out, have them stand with their arms straight out from their sides so they each have plenty of room.)

The stop light (adult) stands with his/her back to the children. When the stop light says “green light,” the children move toward the stop light. (For each round of the game, designate a way for the children to move, such as hop on one foot, run backwards, crab crawls, or skip.) When the stop light says “stop,” he/she turns quickly toward the children. Any child caught moving goes back to the starting line. Play until several children make it to the stop light. Then play again using a different way for the children to move toward the stop light.



Award: Road Safety

To complete this award, check the requirements on p. 134 and add activities as needed.



Requirement: My Family III