



Meeting 20 Camping



Here are three fun ways that you can teach Sunbeams about camping. Adapt them to meet the needs of your Sunbeams or create your own activities.





The following activities partially complete the requirements for the Camper award.

ACTIVITY

1

Fire Building Craft

20

MINUTES

WHAT YOU DO

MATERIALS NEEDED

- Cardboard craft tubes
- Orange, red, and yellow tissue paper cut into 6 × 6 in (15 × 15 cm) squares
- Craft glue
- Stones, medium sized
- Sticks
- Kindling
- Bucket
- Shovel
- Dry erase board or large sheet of paper
- Marker

Ahead of time: Cut each cardboard craft tube lengthwise to make a rectangle. Then cut each tube in half again so you have two rectangles. Fold each rectangle lengthwise into thirds and glue outer fold down. You can put a couple of paper clips on each paper “log” to hold it together until the glue is dry. You’ll need four “logs” per child. Build a sample log cabin fire pit. See wikibooks.org/wiki/Adventist_Youth_Honors_Answer_Book/Recreation/Fire_Building_%26_Camp_Cookery for information.

Begin by reading Psalm 34:7 (NET): “The Lord’s angel camps around the Lord’s loyal followers and delivers them.” Ask the children what they think this means. Then tell them they will be doing some fun camping activities during the meeting, beginning with learning about fire safety and building a fire.

Have the children gather around your sample fire pit. Begin by sharing three simple campfire safety rules. Write the rules on a dry erase board:

- **Rule 1:** Don’t light a fire unless an adult says you can.
- **Rule 2:** Stay 3 ft (0.9 m) away from the campfire. (Model how far 3 ft [0.9 m] is.)
- **Rule 3:** Have a bucket of water, sand, or dirt and a shovel nearby to put out the fire. Then show them how to build a log cabin out of sticks to start a fire (don’t actually start the fire).

Now have each of the children build their own log cabin fire using the cardboard “logs.” Give each child four “logs” to glue together. Then have them lay one sheet of red tissue paper flat on the table and put a dot of glue in the middle. Lay the orange tissue paper on top of the red tissue paper. Place a dot of glue in the middle of the orange tissue paper and lay the yellow tissue on top of the orange tissue paper. Fold the glued tissue paper in half to form a triangle. Then fold once more to create a small triangle. Place glue onto the middle edges of the “logs” and press the tissue flames onto them. Leave the crafts to dry while the kids complete other activities.



Campfire Cooking

10
MINUTES

WHAT YOU DO

Begin by asking the Sunbeams if they have favorite foods to eat when camping. Then explain that even though you don't have a real campfire, they are going to make some banana boats, which are a popular campfire food. (If they were making this with a real fire, they would wrap the banana boats in aluminum foil and place them just near enough to the fire to melt the chocolate and marshmallows.)

Banana Boats

Pull one section of the banana peel back but don't take it all the way off the banana. With a plastic knife, slice down the middle of the banana. Don't cut all the way through the banana. Just make a shallow cut. Then poke the mini marshmallows and chocolate chips into the cut, alternating marshmallows and chocolate chips. Pull the banana peel back over the marshmallows and chocolate chips, place on a microwave-safe plate, and microwave for 15-20 seconds. To eat, pull the piece of banana peel back and eat with a spoon.

Before beginning this activity, find out if any of the children have food allergies. Make changes if needed.

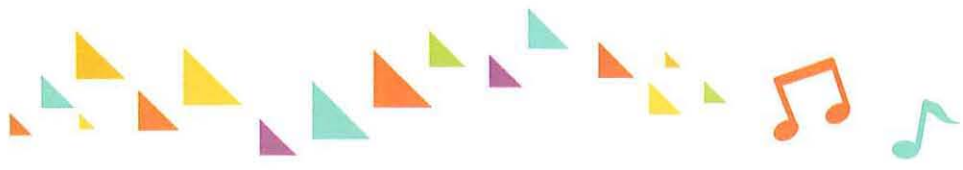
2

ACTIVITY

MATERIALS NEEDED

- Banana boats:
 - Bananas, one per child
 - Mini marshmallows, 10-15 per child
 - Chocolate chips, 10-15 per child
 - Plastic knives, one per child
 - Spoons, one per child
 - Microwave-safe plates





ACTIVITY

3

Campfire Sing-along

15

MINUTES

WHAT YOU DO

Have the Sunbeams sit on the floor in a circle. Then have a sing-along with the songs you selected.

MATERIALS NEEDED

- Campfire songs—check scoutsongs.com and songdrops.com
- For Spanish songs, search for “Spanish kids’ music” on Amazon.com
- Guitar or instrument of your choice to accompany the singing



Award: Camper

To complete this award, check the requirements on p. 125 and add activities as needed.